



Retreat Team 2023-2024



Back (L-R): Chris Vandenberg (Lucan, ON), Mariah Barter (Chipman, AB), Mickela Curotte (Hammond, ON), Blaise Letterio (Belleville, ON)

Front (L-R): , Mackenzie Danahy (Belleville, ON), Aoife Kiely (County Cork, Ireland), Amanda Dalgado (Auckland, New Zealand)

Allergies and Dietary Restrictions:

- Amanda: Lactose intolerant (mild)
- Mariah: Nuts and coconut (moderate-to-severe - carries epipen. Can be around it, can't consume)
- Aoife: prefers vegetarian
- Mackenzie: Gluten and lactose intolerant (mild)
- Mickela: Fresh corn (severe - carries epipen. Can have cornstarch, corn chips, etc)